

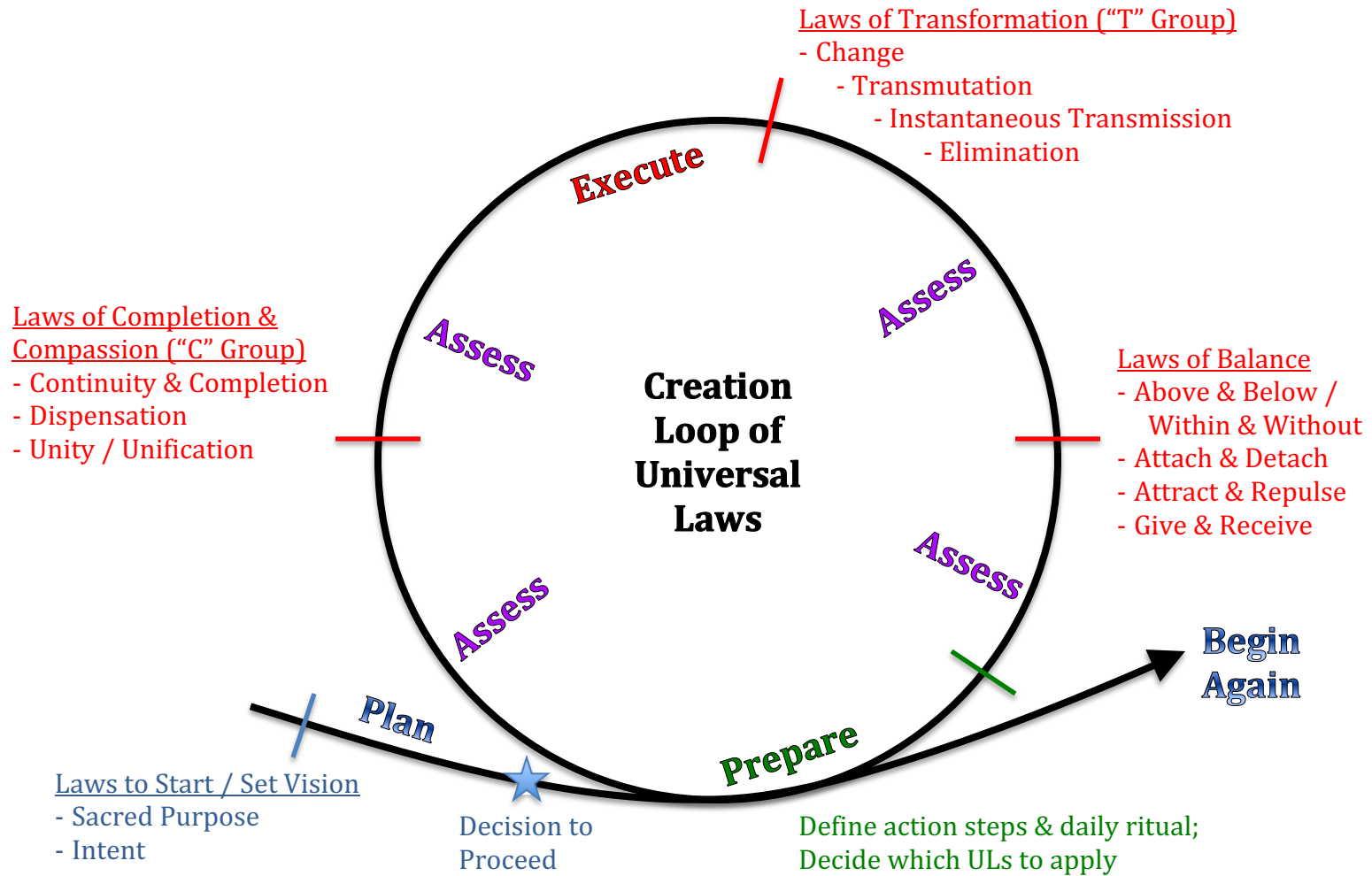
Plan – Prepare – Execute Cycle

Plan: Understanding a situation, envisioning a desired future, and defining ways of bringing about that future.


Prepare: Getting all things ready to improve one’s ability to execute a plan.

Execute: Performing the defined (and prepared) actions (and application of the ULs) necessary to realize the vision.

Assess: Performing assessments throughout to determine progress at each step.



UNIVERSAL LAW DEFINITIONS

Creation Loop Phase	Type	Universal Law	Applicability
Plan	Laws to Start / Set Vision	<p>1. Sacred Purpose: freedom to be in alignment with and the embodiment of your sacred self. It is called your principle of self-determination. It is the right of all beings to choose. Think of this Law as operating as red light, green light. When in alignment with the plan and your purpose, it is green light the whole way. All will come to assist you. When not in alignment, you experience sluggishness, not being clear, feeling like there are obstacles, wondering if you are on track.</p>	<p>Invoke this Law for activation and clarity of mission and purpose, beginning with self in alignment with All. The sacred purpose of every single human being is to become and to be the embodiment of Love, of Divinity, of creation, of Ascension in physicality, on Gaia, inter-dimensionally right now.</p> <p>Invoke when feeling confused about whether one is on the right path; to ask for clarity.</p>
		<p>2. Intent: how you fulfill your sacred purpose with intention that is clearly aligned with your sacred purpose. It is the alignment of every thought, action, association, behavior, and relationship to the fulfillment of your soul design and journey, contract, and life's mission and purpose. It is doing the work to not only understand but know what your foundation is, then work to align your intentions with the fulfillment of that sacred purpose. It is being mindful, directed and focused. Each particular intention as well as your life's overall intention needs to translate into practical actions, as well as your feelings and thoughts.</p>	<p>Invoke this Law to align everything with the Love, joy and peace of the One -- from mental (beliefs), emotional (feelings), physical (situations) and spiritual (ideas), mission and purpose of sacred self and soul design, to planetary Ascension.</p> <p>Invoke when feeling unsure whether current actions are in alignment with Sacred Purpose.</p>
Decision to Proceed			Once Intent is established ...
Prepare	N/A	[Maintain Sacred Purpose & Intent]	Define action steps to accomplish intent and determine which Universal Laws apply.

Execute	Laws of Balance	<p>3. Above & Below / Within & Without: As above, so below, but it is also as within and so without. It is not a matter of deciding who you are, for you have been the essence of who you are forever. This is the law of balance, and balance means not carrying your brilliance simply within, but also allowing for its outward expression. It is the way of wholeness. Do not worry about what it is exactly you are going to do or how that will look. Simply remain within the stillness of your being, then project and move into action. It will be in divine accord with mind, will and heart, above and below.</p>	<p>Invoke this Law for any situation or issue that is out of balance -- mental, physical (situations, pain, aging), emotional (suffering), spiritual. We are creating Heaven on Earth, as above so below. This Law is for any imbalance, any situation, beginning with self, asking for help in the stillness of our hearts.</p>
		<p>4. Attachment & Detachment: a powerful method of creation by attaching, detaching, re-attaching. Turn your energies and attention to what it is you desire to create. First, visualize and feel deeply what this looks, feels, tastes, and sounds like – really feel it to attach to it. Attach not only to the 3D qualities of the creation but to what it brings you in the spiritual and other realms as well. Then, completely detach from everything – from your current situation and from your vision. This is when your guides and the entire legions of light add their magic elements. So let it go; do not hold on. This is a walk of trust. Finally, be still in your heart and re-attach to the highest vibration and frequency of that creation and trust it to come to pass.</p>	<p>Invoke this Law to attach to the highest vision -- cutting away everything that is of the old, everything that feels heavy -- holding the vision not just the space, not just the dream but attaching to the vision of who we are, what we are and what we wish to occur, the ideal -- then detaching from this vision, in trust, in the Love and the knowing that it will come to pass with no control. This is co-creation with the Divine.</p>

Execute	Laws of Balance	<p>5. Attraction & Repulsion: both sides of the balance scales of justice and worth. When you work with the Law of Attraction you are calling from the core of your heart, the foundation of every part of your being and magnetizing towards you that which you desire to experience. When you work with the Law of Repulsion you are repulsing back that which you desire not to experience. The sensation is of pulling what you desire into the sacred portal of your heart, then pushing back and sending out to the One, the energies that you do not want. What is repulsed is sheer energy that emerged originally as love. You are returning it, for a tune-up as it were, back to the heart of One so that love can be restored, renewed, and recycled.</p>	<p>Invoke this Law to attract and to receive energy, magnetizing to us situations or things in hope, trust, joy and Loving, ideal ways of ease without control and/or to repulse energy that we do not wish to engage with (not people or nations lest it be inflicted on them), energies that are abhorrent, back to Source, across the grid to be restored.</p>
		<p>6. Give & Receive: the balance between giving and receiving. You cannot enter into partnership with your intergalactic friends or each other without balance. Many of you are prepared to give and give but turn away from receiving. You cannot live in spirit and be in a physical body. You must do both. You cannot live in only a part of yourself. You cannot love another without cherishing yourself. What you create within will be what is.</p>	<p>Invoke this Law to bring into balance giving and receiving. If there is imbalance in over-giving, invoke this law to be open to receiving.</p>
Execute	Laws of Transformation (“T” Group)	<p>7. Change: the fuel of love. Movement involves change, and it is constant. Never is there a lack of movement in the universe. Ask yourself what the actions are that have taken place; the interactions with others. Were they and you of love? Were you holding the environment of love, the energy of creation? If you fall into frustration, anger and bitterness, then release and surrender the feeling unto the Mother, unto Gabrielle, unto the COL. That is movement and action in accordance with the Law of Change.</p>	<p>Invoke this Law for situations needing change -- mental, emotional, spiritual or physical situations or issues -- to alignment with the One. Moving slowly in the process of transformation.</p>

Execute	Laws of Transformation ("T" Group)	<p>8. Transmutation: cleansing what does not serve and restoring it to original intent by dissipating what is not useful down to the purity that is already within it. This law needs to be applied to many institutions and environments upon Earth, a good example of which is education.</p>	<p>Invoke this Law, always with Love, when working on anything that needs to be removed but not eliminated, because the core element is grist for creation. This is the Law to bring troubling issues, situations back to their original purity. Feel/see the issue in your hands, see the situation or energy outside yourself, then invoke Sanat and the Law, and with our breath blow away all that is not of wholeness, bringing the being, issue, situation, institution back to original purity, to recreate from there. This can be done several days in a row if necessary. Moving at mid-speed in transformation.</p>
		<p>9. Instantaneous Transmission: creating immediate transformation by undertaking activation, by simply turning a switch and allowing to bring forward the soul design that is already deep within (and you are already witnessing).</p>	<p>Invoke this Law to shift old paradigms throughout the Universe. On an individual level, it relates to the recognition of our inter-dimensional selves, our Ascension flag, perfect health, balance in all realms – mental and emotional, spiritual, physical and what is within us, including our thirteen strands of DNA. We are activating what has been present always but not turned on. This is instantaneous in the higher realms and can be instantaneous here depending on where we are on our path of discovery, our expression of greater Love for our sacred self. Moving very quickly in transformation.</p>
		<p>10. Elimination: the ability to eliminate that which was previously created when the debris is so dense and destructive that it needs to be gone because it does not serve the One. Part of the Law includes the understanding and occasional usage by a select few, which is the truest form of letting go. It is very interesting that human beings have accepted that the One Source of All is capable of creating everything, but not capable of getting rid of it.</p>	<p>Invoke this Law with discernment, calling on Sanat Kumara and his scales of balance, to eliminate the energies of control, greed, hatred, bigotry, lack, limitation, pollution, radiation, war; the toxins, the disease, the chemicals that poison our land, our animals, our air and foul our oceans. We are eliminating the man-made creations.</p>

Execute	Laws of Completion & Compassion ("C" Group)	<p>11. Completion & Continuity: Everything has a beginning and an end, and at the end there is always another beginning.</p>	<p>The Law of Completion and Continuity very specifically addresses the issue of our Eternal journey back Home, back to the One and our specific journey of this lifetime. Invoke this Law to return energy to Divine perfection that it be done for ourselves and for humanity. We ask individually, as it begins with each of us.</p>
		<p>12. Dispensation: an expression of compassion, mercy and forgiveness, through which we really see the inter-connection between the Laws and the 13 Blessings and Virtues, the Divine Qualities. The primary aspect of the Law of Dispensation that humanity is working with at this time is the rare and beautiful gift of Karmic Dispensation.</p>	<p>Invoke this Law for forgiveness, beginning with forgiveness of self for everything -- for allowance, for compassion, for assistance, for the Mother's mercy -- the Mother forgives All. Dispensation, i.e. forgiveness, is a Divine quality and constant like Love, peace and joy. We are the Infinite spark and the unique expression of One and because of that, we are the embodiment of Infinite forgiving.</p>
		<p>13. Unification / Unity: the understanding that all things, all energy is a unified force field. You and the planet are one force field. There is no separation. There is no division. Your participation, your buy-in as it were, is a critical element. When you begin to conceive of yourself as a force field, then you also begin to understand that you are interconnected heart to heart to heart, soul to soul to soul, skin to skin to skin, to the rest of creation. You are unique, and yet bound by this Law. It is not something that you may opt in or out of. It is part of the infinite grace of creation.</p>	<p>Invoke this Law for brotherhood, sisterhood of All, connection to all things, knowing of the Divine, knowing of Love, of being of Love, our unified force field where All is interconnected, heart to heart to heart.</p>